

If the bicycle had not been invented yet – for the „cycling experience“ to explore the nicest peninsula of Germany **Fischland-Darss-Zingst** it would have had to be invented!

Among other things you know the *bicycle* in its so varied usability as a means of transportation for children and adults, as a means of transportation for animals and loads of any kind, but do you know it as "*a luxury item*"? Inevitably, it will become something like this if you cycle along the F-D-Z road and enjoy *the wind, the sun, salty air, blossoming meadows and fields, white Baltic beaches, the blue sea, vast Bodden waters and green woods* and meet the friendly people of this region and the sights of the region.

This is pure „**PLEASURE**“!!!

"Prescribe" yourselves this "healthy vacation", use your bicycle as both a well - measurable fitness device as well as "an experience vehicle"! At least, your "travel radius" is substantially bigger than that of any pedestrian and leads you where a driver would never get!

*Flat countryside wherever you look ,
the horizon is unobstructed
nowhere hinder mountain` and gulches,
the NATURCAMP PRUCHTEN!*

*(You can get detailed information and tour descriptions in the
NATURCAMP PRUCHTEN!)*

SHORT TOURS FROM THE NC PRUCHTEN AND BACK: (APPROX. 10 – 25 KM)

NC Pruchten – Bodstedt – Fuhlendorf – Wacholderheide -Gut Glück – NC (approx.12 km)

The ideal tour to get to know the surrounding of the NATURCAMP. You start in **Bodstedt**, pass the **church**, cycle to the **Bodden beach** and through the **harbour**, then to **Fuhlendorf** and from the village centre towards the edge of the forest and in the opposite direction back. In the main street you have to turn left to the estate **Gut Glück**, pass the **Alternative service school** and come to Pruchten, e.g. on the regular distant cycle track up to Zeltplatzstrasse, then back to the NATURCAMP.



Broom moor near the Naturcamp

NC – Bresewitz – Bodden coast (Bird's island Oi) – Bresewitz – NC (approx. 12 km)



„Cultural train and gallery train“ in Bresewitz

From the NATURCAMP you get to know the cycle track to Zingst, go along the "**cultural train**", turn right, cycle through **Bresewitz** up to the end of the slab road right opposite the **bird's island Oi**.

Time to visit the exhibition in the "Train" mentioned above or to eat ice cream in Bresewitz can easily be included in the plan.

NC – Barth – Fuchsberg – Barth harbour / city centre - Pruchten – NC (approx. 18 km)

The well-labelled cycle track leads you to Barth where you –after having crossed the **Barthe bridge**–follow the signpost to **the travelling area "fox's mountain"**, past the memorial and at the end of the slab road right into the wood. Straight ahead this way leads directly onto the natural however fastened footpath and cycle track to **Barth** where you reach the town near the harbour. From here a "city tour" with your bike is recommendable!



Barth harbour panorama with St. Mary's church

NC – Barth harbour – Barth YH –Glöwitz–Harbour of Dabitz – Barth – NC (approx. 25 km)



In the harbour of Dabitz

After having crossed the worth seeing **Barth harbour** (take time for a rest or sightseeing) you pass the hotel „Zum Speicher“ in the direction of the theatre, technical museum past the motocross road and the youth hostel with the offshore beach to **Glöwitz**. At the main crossroad you turn right and prepare yourself for some "remarkable" ascents! The long run almost up to the **harbour of Dabitz** is reward enough for all your exertions. Back everything reversed.

NC – Barth harbour – Barth YH – Glöwitz - Küstrow – Kenz – Barth – NC (approx. 25 km)

The tour is the same as the previous one to **Glöwitz**, then further straight on to **Küstrow** (long incline!) up to the crossing of the country road, further to Kenz following the sign-posting to the **spa resort road**. Turn right to Barth there. Disadvantage: Approx. the last kilometre must be cycled on a street where there is often a lot of traffic, before you can use the cycle track near the start of Barth again. Here you can decide whether you go through the city centre, the harbour or past the industrial area „Am Mastweg" .



„Wunderquelle“ ("Miracle source") in Kenz

NC – Bresewitz – Meiningen bridge- Zingst – Bresewitz – NC (approx. 25 km)



Meiningen bridge in the evening sun

From the NATURCAMP via the „technical monument“ **Meiningen bridge** on which cyclists and pedestrians share a narrow roadway you cross the “Bäderstraße” and follow the cycle track on the dyke through a small wood to Zingst. Turn right and follow this way up to the **harbour**, then you have about 9 km from the NC. Here you decide according to your personal intuition between passing the village to the sea bridge, following the track on the Bodden dyke or after a rest in the harbour returning back. The tour around Zingst is 11 km!

NC – Bodstedt – Fuhlendorf – Michaelsdorf – Fuhlendorf – Bodstedt – NC (approx. 20 km)

Those who want to "experience" the rest and idyll of the Bodden coast, should not leave out a bicycle tour to **Michalsdorf**! Cycle along the cycle track through **Bodstedt** and **Fuhlendorf** approx. 1.5 km to the turning through the wood, after 1 kilometre turn right onto the asphalted country road to **Michalsdorf**! Find time to explore this idyllic place independently!



Harbour of Michaelsdorf

NC – Bresewitz – Meiningen bridge– Freesenbruch/Zingst - beach in the sea dyke between Muggenburg/Zingst/Prerow



Beach crossing before the blue Baltic Sea...

The daily "quick cycle track" for enthusiastic visitors of the beach and sun worshippers! Up to the dyke **in the Freesenbruch** these are approx. 9 km, then you have to decide which part of the beach to visit: FKK(nudist), textiles, dog beach, sports beach (crossing 6), with or without beach chairs etc.

Our recommendation:

Turn left in the direction of Prerow to **crossing 20** (approx. 12 km)!

There are almost only cyclists and vacationers on foot, because nearby there are no parking lots.

The same is valid for beach segments in the direction to Muggenburg behind crossing 1 (approx. 14 – 27 km)

MIDDLE TOURS OF THE NC AND BACK: (APPROX. 25 – 50 KM)

NC – Bodstedt – Fuhlendorf – Michaelsdorf – Neuendorf/Heide – Neuendorf – Hermannshagen/Dorf – Kronsberg – Gäthkenholz – Barther Stadtholz – NC (app. 30 km)



Regatta near Bodstedt



Harbour of Neuendorf

Follow the paved way from **Michaelsdorf** along the Bodden coast up to the **harbour of Neuendorf**. From here it is only a short way up to the big 90 – degree curve of the thoroughfare. Turn left there, drive back approx. 500 m and follow the asphalted way by the fields in the direction of **Hermannshagen-Dorf**, then to **Hermannshagen**, turn left on the main through road and then to the right **Kronsberg**! You follow this little used street, behind Kronsberg you turn into the little wood “**Barther Stadtholz**” and come along the “**Miracle oak**” of Barth, you pass the district called **Planitz** cycling again along the country road to Barth where directly on the opposite side the **bicycle footpath to Zingst** begins. Follow it to **Pruchten**. All in all, an attractive “excursion into the nature” along the Bodden coast, open fields, meadows, wood and typical places with an atmosphere typical of the country!

NC – Bresewitz – Zingst – Müggenburg – Osterwald – „Dreiländereck“ (corner of the three lands) – Zingst – Freesenbruch – Bresewitz – NC (approx. 34 km)



Dyke cycle track along the Bodden with Zingst



Health resort house on the sea bridge of Zingst

A wonderful tour, mostly along the “water”! First you pass the **Meiningen bridge** and cross the “**Bäderstraße**”. Then after a short trip on the **dyke cycle track in the Freesenbruch** you turn right and cycle to the **harbour of Zingst**. Follow the Bodden dyke cycle track past the “Hotel Marks” and the Zingst tennis court up to the turning to **Müggenburg**. This way follows the Bodden shore and at the mooring to the Kirr you turn left, cycle through the village up to the country road, then again left and on the right onto the slab road past the horse farm into the **wood “Osterwald”**. In the wood you follow the sign-posting along the **Border ditch** up to the hut in the “**Dreiländereck**”. Now after turning left one reaches the way (straight ahead you come to the “small castle” and Pramort!)

to the **Baltic dyke cycle track** at the beginning of the national park. Here one should already take a look at the Baltic Sea or take a bath before returning to Zingst on the dyke cycle track past the **cultural building** until one reaches the **camping place „in the Freesenbruch“**. Then go back again to the NATURCAMP!

NC – Bresewitz – Zingst – Müggenburg – Dyke cycle track to the national park exhibition / "Small castle" – "Dreiländereck" – Sea dyke to Zingst – Freesenbruch – Bresewitz – NC (approx. 45 km)



New dyke cycle track between the "small castle" and "Dreiländereck"



Great yacht near Zingst

A tour which almost only leads you along the Bodden and the Baltic coast. Coming from Zingst it does **not** turn but leads **straight ahead** onto the new dyke "entertainment way" (only for cyclists!) and after approx. 8 km the national park exhibition is reached. From here the dyke cycle track via "Dreiländereck" on the Zingst sea dyke leads back to the NC via Zingst/Freesenbruch/Meiningen bridge/Bresewitz!!

NC – Bresewitz – Zingst – „All around Zingst“ – Bresewitz – NC (approx. 30 km)



Ocean-going yacht by the sea bridge from Zingst



Thunderstorm mood in the harbour from Zingst

The Baltic Sea health resort Zingst is surrounded by a **dyke cycle track** of approx. 11-km which one reaches in the **Freesenbruch** when coming from Pruchten. On the right the Bodden cycle track goes to the harbour, by turning left near the **camping site** Freesenbruch one reaches the **Baltic dyke**, which leads right-bending then past the Experimentarium, the hotel complex "Meer-Lust" ("Sea desire") to the **house of culture**. Then by cycling straight ahead one reaches the beach crossing „dune 6 (sports beaches)". Leave the Baltic dyke and use the **outside dyke** on the right which leads again to the **Bodden harbour**. The tour can also ideally be used to get to know the sights of the place, to go shopping etc. or to have a „gastronomic break full of pleasure" in one of the restaurants, cafe or an ice-cream parlour.

NC – Bresewitz – Zingst – Prerow – Lighthouse Darßer Ort/ West beach - Prerow – Zingst – Bresewitz – NC (approx. 40 km)



View from the lighthouse to the north



Bicycle parking bay near the lighthouse

A diverse tour to one of the best known places of interest of the region, to **the lighthouse at Darßer Ort** and the matching Natureum directly on the West beach!

You ride on the "familiar" **cycle track to Zingst**, reach the **Baltic dyke cycle track** near the Freesenbruch, turn left to **Prerow** and keep right when reaching the edge of the forest (first "exit"!) to get to the exit **sea bridge**. From there further straight ahead up to the end of the dyke cycle track which you leave by turning left and going straight ahead up to "**Zeltplatzstrasse**" (Camping site street). Then exactly opposite this street there is the **cycle track** through the **Darß primeval forest** which you follow up to the end near the **lighthouse**.

During holidays or summer week-ends in the season the track can really be packed with cyclists, so ride one behind the other and be careful about diagonally running roots etc.. However, the cycle track is piled up as a rule before the start of the season and is made up.

The visit of the lighthouse and the West beach will reward you for any "trouble" with the tour! For cyclists: The ways from the lighthouse to the north beach or the old emergency harbour can only be used **on foot** on board walks!! Walk recommended!

LONGER TOURS FROM THE NC AND BACK: (APPROX. 50 – 100 KM)

NC – Bresewitz – Sea dyke Zingst by the Freesenbruch – Exhibition national park – Sundische Wiese– Pramort and back on new Bodden dyke - Müggenburg (Kirr)-Zingst harbour - Bresewitz – NC (approx. 60 km)



Beginning of the cycle track to Pramort



Dyke cycle track to Müggenburg

From **Zingst** different cycle tracks lead to the “**Schlösschen**” (“small castle”), the hotel and the open-air restaurant with parking lot nearby (among other things see above!). From here you can only walk or go by bike further in the direction of Pramort! Past the exhibition centre of the national park office an asphalt road leads almost straight on approx. 8 km to the viewpoint **Pramort**. This stop is particularly popular in the autumn months during the crane's rest!

A visit of “**Hohe Düne**” can also be recommended.

After returning you cycle onto the **new Bodden dyke in the direction of Zingst**, pass the mooring "Kirr" in Müggenburg, change onto the Zingst outside dyke and ride via Zingst harbour back over the Meiningen bridge to the NC.

NC - Bresewitz– Zingst – Prerow – Darß primeval forest – Born and/or Wieck – Prerow – Zingst –NC (ca. 50 km – 60 km)



Bridge over the Prerow river



Bicycle signpost in the Darß primeval forest



Cycle track between Wieck and Prerow

Of course one can always cycle this route – particularly recommendable, however, on hot **sunny days**, because mostly one goes on ways shaded by the Darß primeval forest! Also suitable to become better acquainted with

the destinations Born (among other things "tasty" rest in the cafe "TONART"!) or Wieck with the „Darß ark“ (national park and company centre in the Bliesenrade road). The expert cyclist goes along the known tracks to the **sea dyke in the Zingst Freesenbruch**,

then to Prerow, further in the direction of the forest cycle track to the lighthouse, turns left at the **crossroad in the K.- rack** and cycles straight on up to the **forest crossroad „Big star“**.

Then left these are 4.2 km to **Born** or 4.9 km to **Wieck**! Then via Prerow harbour back on the known way to the NATURCAMP!

NC – Bresewitz – Zingst – Prerow / Hafen – Wieck – Born – Althagen/Hafen – Ahrenshoop – Darß primeval forest – Prerow – Zingst – Bresewitz – NC (approx. 70 km- 80 km)



Cycle track by the Freesenbruch



House in Born



Harbour in Althagen/Ahrenshoop

Those who would like to "extend" the mentioned tour to Wieck or Born, should choose the well-known artists' place Ahrenshoop with its places of interest or the fitting harbour of Althagen on the Bodden side as a new destination! A look at the map reveals easily that one can do this tour **from Prerow** very nicely as a circular one, e.g., the cycle track **Prerow harbour -Wieck - Born – Althagen** always along the wonderful Bodden coast and after a stroll through **Ahrenshoop** back on the sea dyke, follow the cycle track through the **Darß primeval forest** via the forest crossroad „**Big star**“ back to **Prerow** and then back to **Zingst – Bresewitz – NATURCAMP PRUCHTEN** on the dyke! Because a strong wind can blow at the sea it is advisable to drive this tour exactly vice versa in west wind situations because the wind blows from behind then during the return journey on the more unprotected Bodden cycle track!

NC – Bodstedt – Fuhlendorf – Neuendorf/Heide - Neuendorf – Saal – Kückenshagen – Damgarten – Ribnitz –and back (approx. 55 – 60 km)



Bodstedt harbour



Look at the Bodden of Ribnitz



Yacht on the Bodden near Saal

An almost "pure" excursion to the country along the Bodden coast leads the cyclist to the "Amber town" Ribnitz-Damgarten. Via **Bodstedt** and **Fuhlendorf** the country road should be directly crossed after Michaelsdorf, then at the end of the wood one reaches the cycle track to **Neuendorf/ Heide**, further goes to **Neuendorf** and **Saal** where at the end of the place a straight cycle track leads through the meadows to **Kückenshagen**. From here you follow the asphalted cycle track to **Damgarten** close to the B 105 where you cross the river Recknitz and follow the cycle track till the **Ribnitz harbour**. Then a stroll through the city centre, a visit of the amber museum or the amber manufacture in Damgarten close to the B 105 and the return tour are enough for a day trip!

NC – Bodstedt – Fuhlendorf – Michaelsdorf – Neuendorf/Heide – Neuendorf – Saal – Kückenshagen – Damgarten – Ribnitz/Hafen – Körkwitz – Dähndorf – Dierhagen-Dorf (in the Bodden) – Dierhagen Ost – Wustrow – Ahrenshoop – Darß primeval forest / „Big star“ – Prerow – Zingst – NC (approx. 85 km)



Water-ski arrangement in Körkwitz/amber lake



High-level shore with Wustrow



Beach crossing on the West beach

This **"Great Tour all around the Bodden"** leads as a circular tour around the Bodstedt Bodden, the Saal Bodden and Ribnitz lake and provides the varied and diverse landscape architecture of the region in an impressive way: The cycle tracks lead along both the attractive Bodden and the Baltic Sea coast, through the Darß primeval forest, vast meadows alternate with fields and pastures! Up to the **Ribnitz harbour** you follow the above mentioned tour description, then it goes to **Körkwitz** on the wonderful Bodden cycle track, here you go past the Amber lake and then meet the country road which leads across the whole peninsula consisting of Fischland, the Darß and the Zingst. At this point you turn right and find **Dähndorf** and **Dierhagen-village** directly close to the Bodden without any problems. Now the cycle track leads you to **Dierhagen - east** and to the Baltic Sea dyke cycle track where you go on to **Wustrow**, to **Ahrenshoop** up to the **West beach** and on the **forest cycle track** via **"Big star"** back ,Prerow and **Zingst** back to the NATURE CAMP.

NC – Bodstedt – Fuhlendorf – Michaelsdorf – Neuendorf/Heide - Neuendorf – Saal – Kückenshagen – Damgarten - Ribnitz - Körkwitz – Neuheide – Klein Müritz – Graal-Müritz – Neuhaus - Dierhagen – Wustrow – Ahrenshoop- Darß primeval forest (via „Big star“)- Prerow – Zingst – NC (approx. 100 km)



Sea bridge in Graal-Müritz



Cycle track between Graal-Müritz & Neuhaus



Dyke cycle track near Ahrenshoop

The charm of this longer tour compared with the before described tour lies above all in the additional visit of the Baltic health spa of Graal-Müritz! After having passed **Ribnitz-Damgarten** and the **Amber lake in Körkwitz** as described above you cross the Bäderstraße and the tour goes to **Neuheide** and its interesting exhibitions, through **Klein-Müritz** and to **Graal-Müritz** up to the sea bridge!

Here is the turning point, directly behind the dunes you cycle on the Baltic long distance cycle track along the coastal wood to **Neuhaus**, from there always parallel to the coast further to **Dierhagen**, **Wustrow** and **Ahrenshoop**. Now you have the possibility either to ride further through the **Darß primeval forest**, **Prerow**, **Zingst** to **Pruchten** or to choose the Bodden variation of the tour. Then after having passed Wustrow you cycle to Althagen and then on the Bodden cycle track to Born, Wieck and Prerow to reach the NATURCAMP on the known way again.

NC – Barth – Glöwitz –Dabitz harbour– Zühlendorf harbour – Nisdorf – Kinnbackenhagen – Bisdorf–Hohendorf - Klausdorf–Damitz-Parow- Hanseatic town of Stralsund and back (approx.100 km)



Harbour of Zühlendorf in the Grabow



Cycle track on the Grabow



Rügen bridge in Stralsund

Of course, the old and venerable Hanseatic town of Stralsund deserves that one takes more time than only a few hours for its sights (redbrick Gothic, oceanographic museum on the harbour island, etc.)! This bicycle tour with the „Hanseatic aim“ is worthwhile, because according to the motto „The way is the aim“ almost exclusively along the Bodden coast a very well- built and well- labelled cycle track leads the cyclist from the NATURCAMP via **Barth, Glöwitz, Dabitz, Zühlendorf harbour, Nisdorf to Kinnbackenhagen**. Only here the cycle track leaves the Bodden coast and leads to Stralsund via **Bisdorf, Hohendorf, Klausdorf, Damitz, Parow** (location of the marine technology school)!

Then after approx. 50 km the cyclist stands at the square „Old market“ right opposite the famous city hall of Stralsund and the Nikolaikirche (Church of St. Nikolai) in the centre of the Hanseatic town! What he does then, is left to the cyclist's individual time left, interests and condition, because possibly „wind from the front must be included in the plan for the whole return tour“!

"HUCKEPACKTOUREN" (PIGGY BACK RIDES) FROM OTHER STARTING POINTS:

(either the bikes are transported by special buses in the bicycle trailer or taken with one's own passenger car on the bicycle rack) examples:

Graal Müritz – Warnemünde and back (approx. 35 – 40 km)



Cycle track behind Graal-Müritz in the Rostock town forest



"Climbing wood" Hohe Düne in Markgrafenheide



Ferry Hohe Düne- Warnemünde

Beside other possibilities the parking area „At the sea bridge“ in Graal-Müritz can be recommended to park one's car (at the owner's expense!), this tour begins at the sea bridge and leads along well-labelled cycle tracks past the **Graal-Müritz camping site** in the **Rostock town forest**. Very well-built ways take the cyclist fast to **Markgrafenheide** and the **Rostock district „Hohe Düne“**. From the street one rides nearly directly onto the constantly commuting ferry, one is taken across to **Warnemünde**, gives respect to gigantic cruise ships at the pier or the Scandinavian ferries putting into harbour or out to sea. Before one stops in Warnemünde and reaches the attractive “Warnemünde stroll mile” near the Old stream one's bike has to be pushed through the station. Worth seeing also the lighthouse, the mole, the seafront etc.

Maybe a visit of the "climbing wood" in **Markgrafenheide** can be included in the plan with the return tour

– an "adventure playground" for all ages!

Rostock Hohe Düne – Warnemünde – Nienhagen – Börgerende - Heiligendamm-Kühlungsborn and back (approx. 52 km)



"Ghost's wood" at the Stoltera



Beach of Heiligendamm



Marina of Kühlungsborn

Directly in front of the ferry to Warnemünde in the town district „**Hohe Düne**“ there is a bigger parking lot liable to costs (in 2009: Day ticket 5.-€, don't forget change!), here the tour begins by being ferried, leads through the **Warnemünde railway station**, over the bridge across the Old stream straight ahead to the “**Kirchplatz**”(church square) and then opposite the church to the “**Mühlenstraße**”(Mills street) and then you follow the cycle track always straight ahead only along the **Stoltera** through the **Ghost's wood** past the camping site of **Börgerende** before you can see **Heiligendamm** and you cycle along the railway station to **Kühlungsborn**! There and back incl. "city tour" in Kühlungsborn (e.g., through Kühlungsborn Beach street or to the „Molli railway station etc.) is a very nice and exciting tour!

**Damgarten – Freudenberg – Carlewitz – Recknitz valley –
Marlow and back (approx. 40 – 45 km)**



*Cycle track through
The Recknitz valley*



*The river Recknitz steps
about the shores*



„On the meadow...“

Look for a suitable parking lot in Damgarten or Ribnitz and begin the tour there. On the cycle track along the **country road to Marlow** you come to **Freudenberg** and **Carlewitz**. Turn left "down" into the **valley of Recknitz**, an "earthy" scenery is waiting for you, well-built and labelled cycle tracks lead up to **Marlow**. If you cross the small town, you will come to the "**Vogelpark Marlow**" (bird park).A visit there is urgently recommended and worthwhile! For the tour back it is less advisable to ride via Plennin,Camitz and Daskow to Damgarten because one has to use public streets mostly and you do not cycle near the river Recknitz any more. Prefer the same way as for the ride there instead.

"COMBINED TOURS" WITH BOAT CROSSING

NC – Pruchten – Barth/Harbour – by passenger ship to Zingst – Zingst – Meiningen bridge – Bresewitz – NC (also the other way round possible! approx. 20 wheel kilometres)



Look at the harbour of Barth from St. Mary's church Passenger ship and Zeesen near the Zingst harbour

Certainly, with this tour the "experience" of an attractive ship crossing with one of the different passenger ships of different shipping companies stands in the centre of the "combined tour"!

Either you cycle to **Barth** or to **Zingst** and then by ship (bicycle entrainment!) to the **other shore** of the Barth Bodden. Enjoy the "other" view of the bank sceneries, the Barth or Zingst "skyline"!

For all boat rides it is absolutely necessary to ask about the seasonally specific departures on both Sundays and working days before beginning the tour!!

NC – Bodstedt – Fuhlendorf /Harbour– by passenger ship to Prerow – Prerow - Zingst – Bresewitz – NC (approx. 20 wheel kilometres)



Passenger ship in the Prerow stream



Marina Prerow harbour

Approx. 4 km from the NC to the **Fuhlendorf harbour** have fast gone, "full of suspense" then the journey via the Bodstedt Bodden till close to the Meiningen bridge and then right into the **Prerow stream**! Going by ship takes as little time as the return tour from the **harbour in Prerow**! So: A tour which can be planned from Prerow in "both" directions (Wieck or Zingst) individually concerning length and time!

It is conceivable, e.g. to cycle from Prerow to the lighthouse Darßer Ort, to visit even exhibitions, the museum or the sea bridge in Prerow or to go to the beach between Prerow and Zingst! Here one's fantasy is set no bounds! It can even be recommended as a tour for families with their children on their bikes to make them accustomed to bicycle tours to organize a cyclist's day with many interesting breaks!

NC – Bodstedt – by passenger ship to Born – Wieck – Prerow – Zingst – Bresewitz – NC
(approx. 35 wheel kilometres)

or

NC – Bodstedt -by passenger ship via Born to Althagen – Ahrenshoop – Born - Wieck –
Prerow – Zingst – NC (approx. 45 wheel kilometres)



MS „Bültenkieker“ in Bodstedt harbour



..... and while docking in Born

The crossing from Bodstedt to Born is a lasting experience over and over again, from aboard one can watch both the bank sceneries as well the huge number of the leisure yachtsmen or the local Zeesen boats! About 3 km have to be cycled from the **NATURCAMP** up to the **Bodstedt harbour** and in just under an hour – entertainingly "spiced up" with the interesting information of the captain – the ship enters port in **Born**. Then also here several possibilities demand a decision: Immediately and right with one's swimming things in the luggage through the Darß primeval forest to the West beach (one can go back in the late afternoon by ship from Born!) or if there is some time left and you feel like doing so you ride to **Althagen or Ahrenshoop** and then via **Prerow** back to **Zingst** or you ride through the wood along the "Biebersteig" to the "Big star" and then via **Prerow** to **Zingst** or one chooses the "Bodden variation" via Wieck to Prerow and then back to the NC. A diverse and nice tour expects you, in any case!
Attention: with this tour the passenger ship goes on from Born to Althagen! If one chooses this longer crossing, the distance back to the NC increases to approx. 45 km.

NC – Bodstedt – Fuhlendorf – Michaelsdorf – Neuendorf /Heide -Neuendorf – Saal –
Kückenshagen – Damgarten – Ribnitz – by passenger ship to Wustrow - Wustrow – Ahrenshoop –
Big star („Gr.Stern) - Prerow– Zingst - Bresewitz - NC
(approx. 70 wheels kilometres)



Signpost „Big star“



*Passenger ship
on the Bodden near Ribnitz*



*Cycle track
between Wieck +Prerow*

Actually this "combined tour" is really "worthwhile" for the engaged bicycle tourist!

One should get up a little earlier in the morning to have a good breakfast before one tackles approx. 28 km from the NC up to the **harbour in Ribnitz**! Besides one is "bound" to the departure time of the passenger ship, so one is subject to a certain pressure of time!

Then one crosses the Ribnitz lake and the Saal Bodden to **Wustrow** and then once again approx. 45 km have to be mastered for riding home! Maybe a tour which more appeals to the "skilled" and coached cyclist or should be included in the plan at the end of the holiday if one has already cycled some training kilometres!!